



PRANAYAMA & MEDITATION



ELIGIBLE FOR 12 CEUS
\$175 FULL WORKSHOP

APRIL 12-14
AT
YOGA TREE
OF BOISE



Fri. 5:30-9:00p • A Guide to Teaching Pranayama w. Bill Dial / \$60
E-RYT 500, YACEP

Sat. 1:30-5:00p • Meditation and Pranayama Fundamentals w. Don Silva / \$60
MBA, E-RYT 500, YACEP

Sun. 11:45-2:45p • Essence of Pranayama w. Kimberly Azzarito / \$50
E-RYT 500, YACEP

Sun. 2:45-4:45p • The Power of Breath w. Kimberly Azzarito / \$35

A SHANTI YOGA TEACHER TRAINING IMMERSION

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