

Shanti Yoga School Information & Application



Headquartered in Idaho, with a typical duration of three to twelve months, Shanti Yoga School's curriculum is covered in a workbook, weekly classes & weekend workshops. (Given the pandemic, these sessions are largely being conducted online, though we are beginning to offer a limited number of small, distanced, in-person sessions.) We strive to honor each individual's needs & strengths with a personalized & flexible structure while at the same time providing the highest quality education so that students can confidently and comfortably move into any teaching situation or attain deeper understanding of yoga for personal transformation.

We are guided by and registered with Yoga Alliance®, ("YA") the national education and support system for yoga in the US and internationally, at both the 200 & 300 levels, as well as the Children's Specialization (RCYT) & Prenatal Specialization (RPYT). Yoga Alliance® supports the study and teaching of yoga, a system of knowledge that includes disciplines and practices originating in ancient India that integrate the physical, mental and spiritual aspects of human experience. They work in the public interest to ensure that there is a thorough understanding of the benefits of yoga, that the teachers of yoga value its history and traditions, and that the public can be confident of the quality and consistency of instruction. Yoga Alliance® maintains a national Yoga Teachers' Registry to promote teachers with training that meet stringent standards. Teachers registered are authorized to use the initials "RYT® (Registered Yoga Teacher) after their name.

YA also maintains a Registry of Yoga Schools that comply with their standards for yoga teacher training programs. Registered schools are authorized to use the initials RYS® (Registered Yoga School) after their names, and receive certificates of registration as well as registry marks. All graduates of an RYS are eligible to register as RYT's. The Registries are promoted to the public, organizations that employ yoga teachers and organizations that review yoga teachers' credentials.

To begin the program, complete and submit the application form. You can pay the balance in full at the beginning of the program, or you can set up an automatic credit card payment by completing information found at the end of this application. We are currently offering three options to complete your 200 hour training: three months at \$800, six months at \$1200, or twelve months at \$2400. Any online training hours a student hopes to use toward their certification must be completed by December 31, 2020. Students who choose one of the options that extend beyond that date will need to receive any of the required training hours that they have not accrued by December 31, 2020 in-person (unless Yoga Alliance extends the online training hour waiver beyond that date.)

Your payment includes tuition, unlimited access to Shanti Yoga Studio live-streamed and in-person classes from our studio based in McCall, live-streamed, in-person, and recorded weekend intensives and group discussion sessions taught by Shanti Yoga School instructors, and access to the Online Learning Platform through either three, six, or twelve months from your date of enrollment. Textbooks are not included in your tuition. If you initially join the program at any level short of the twelve month option, and during the course of your program decide that you would like to shift your enrollment to one of the longer options, you may do so by paying the difference between the tuition of your current program and that of the longer program.

Price Policy: All prices are subject to change. The tuition for the program you have initially chosen will not increase once you have started payments, but extension and re-initiation fees may rise during that time.

School Refund Policy: All payments are non-refundable and non-transferable, regardless of attendance, program completion, illness, injury, relocation, etc. If you must withdraw from the program during your term, please contact the business office to suspend future payments.

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(Ways to submit: You can print and mail this application to Shanti Yoga, 100 N. 3rd St., McCall, ID 83638. If you prefer electronic methods, please feel free to submit your application by providing all of the following information (and answering the following questions) via email to info@shantiyogastudio.org. If you choose email, you may either submit the information as a document attached to an email, or in the body of the email itself. No need to re-type the questions, simply number your responses. We're not picky about format, we just want to get to know you!)

Name: _____

Date of Birth: _____

Mailing Address: _____

Phone: _____

Email address: _____

Program You're Applying For _____

Current profession or lifestyle: _____

How did you learn about the Shanti Yoga Teacher Training program? _____

I am aware of the School Refund Policy. (please sign) _____

1. Write a brief but complete description of your Yoga experience, including the style(s) that you have practiced in the past, with whom you have studied and when. Are you currently attending Yoga classes? If yes, tell where, with whom, how often, etc. Please also include previous yoga teacher training experiences.
2. Are you working with any particular challenges, injuries, etc? If so, what are they and how are you addressing them?
3. What do you want to gain from this program? If you have specific wishes or areas of interest that you would like to explore, please explain.
4. Do you want to teach Yoga? Why or why not?

Tuition not paid in full requires a deposit of \$400 and monthly auto-payments of \$135 deducted from a debit or credit card. You can choose the monthly payment date that works best for you.

Debit/Credit card information:

Please call the Shanti Business office at 208-315-0508 with card number and expiration date.

Address on card if different than mailing address: _____

Name on card if different than name on application: _____

I agree to have the above credit card charged for \$400 on _____ and monthly on the _____ for \$_____ for the next _____ months.

_____(signature, date)